



SALADS

At Quality Caterers Ltd we offer a range of salad options.

Always aiming to use fresh local seasonal produce.

GF - Gluten Free V - Vegan DF - Dairy Free

Roasted kumara, baby spinach, red onion & walnuts
GF DF

Summer vegetable couscous peas, carrots, beans
capsicum, corn, spring onions GF DF

Pumpkin salad chickpeas, spinach, red onion, GF DF V
with coriander yoghurt dip GF

Seafood Salad shell pasta, surimi, shrimp, tomato,
spring onion & Thousand Island Dressing.

Roasted veggie quinoa salad V DF GF with a tahini
yoghurt dressing GF

Broccoli and cranberry salad steamed broccoli, dried
cranberries, orange segments bulghur wheat and
almonds GF DF

Brown & white rice salad carrot, peas, capsicum,
spring onions & raisins with toasted seeds GF DF

Bean medley salad green bean, red kidney bean,
white bean, tomato, capsicum, onion, parsley & basil.
GF DF

Vegetable Combo light stir-fry of seasonal vegetables
& a curry coconut dressing GF V, DF

Beetroot, carrot, rocket, red onion & honey
vinaigrette GF DF

Roasted cauliflower florets, baby spinach, red onion,
raisins & tahini yoghurt dip GF

Spiral Pasta salad carrot, capsicum, onion, peas, spring
onion in an avocado & garlic aioli DF

Potato salad diced potatoes, chives, red onion,
parsley-wholegrain mustard mayo GF DF

Marinated mushrooms with red onions and chives GF

Satay rice noodle salad, with mixed vegetables
finished with a satay dressing GF

Salad Greens mixed green leaves tossed with tomato,
cucumber, carrot & capsicum GF DF V

Caesar Salad tossed cos lettuce, bacon, croutons, egg,
chives and parmesan

Greek garden salad gourmet lettuce, tomato,
cucumber, red onion & feta cheese with black olives
on the side GF

Seasonal roast vegetables with feta cheese potato,
carrot, parsnip, kumara, capsicum & walnuts

Penne pasta salad with capsicum, tomato & spinach
tossed in a sweet chilli mayo dressing DF

Apple, corn and pineapple coleslaw GF DF

Nutty Seedy Slaw white & red cabbage, carrot, baby
spinach, fennel seeds, mixed nuts, parsley & mint in a
honey, tahini dressing GF

