



SALADS

At Quality Caterers Ltd we offer a range of salad options.

Always aiming to use fresh local seasonal produce.

GF - Gluten Free V - Vegan DF - Dairy Free

Roasted kumara, baby spinach, red onion & walnuts^{GF}

Summer vegetable couscous cucumber, capsicum, corn, spring onions, toasted almonds with an orange and cumin dressing^{GF}

Roast pumpkin salad baby spinach, red onion, walnuts, toasted sunflower and sesame seeds with an orange curry mayo^{GF}

Seafood Salad shell pasta, surimi, shrimp, tomato, spring onion & Thousand Island Dressing.

Broccoli and cranberry salad steamed broccoli, dried cranberries, orange segments & toasted cashews

Chickpea Salad orange segments, sultana, celery, capsicum, spring onion & a tahini yoghurt dressing

Brown & white rice salad carrot, peas, capsicum, spring onions & raisins with toasted seeds

Bean medley salad green bean, red kidney bean, white bean, tomato, capsicum, onion, capers, parsley & basil.

Vegetable Combo light stir-fry of seasonal vegetables & a curry coconut dressing^{GF V, DF}

Beetroot, carrot, rocket, red onion & honey vinaigrette

Roasted cauliflower florets, baby spinach, red onion, raisins & toasted almonds

Spiral Pasta salad carrot, capsicum, onion, peas, spring onion in an avocado & garlic aioli

German potato salad diced potatoes, capers, red onion, bacon & parsley with a Dijon mustard mayo

Greek garden salad gourmet lettuce, tomato, cucumber, red onion & feta cheese with black olives on the side^{GF}

Chargrilled mushroom, baby spinach, spring onions, red pepper & bean sprouts^{GF}

Satay noodle salad egg noodles, carrot, spring onions, green beans & courgette finished with a satay dressing

Salad Greens mixed green leaves tossed with tomato, cucumber, julienne carrot & roasted pepper

Caesar Salad tossed cos lettuce, bacon, croutons, egg, chives and parmesan

Seasonal roast vegetables with feta cheese potato, carrot, parsnip, kumara, capsicum & walnuts

Penne pasta salad with capsicum, tomato & spinach tossed in a sweet chilli dressing

Spiced cauliflower salad chickpea, tomato, spring onions & dried cranberries

Apple, corn and pineapple coleslaw

Nutty Seedy Slaw white & red cabbage, carrot, baby spinach, fennel seeds, mixed nuts, parsley & mint in a honey, tahini dressing

